

# Martial Arts

*Teaches:* \*Self Control \* Self Discipline \*Respect \*Develop Courage

Martial Arts is more than just kicks & punches. Children are encouraged to achieve goals & develop their full potential. They are taught to think before acting, understanding what is right & what is wrong, to respect others and how very important communication is.



Mr. Francisco is our instructor certified Martial Arts Instructor who also works for Unlimited Power!!  
Knowledge unmatched by most!

Classes are offered on Monday & Wednesday 4pm to 5pm.

## PRICING:

One day per week	\$45.00
Two days per week	\$80.00

Offered to you by:

**TWINS GYMNASTICS**

Call for Details 954-741-9382 / 954-249-3713 Maria or Carmen (Se Habla Espanol)